

Abseil for Autism 2019 – Broadgate Tower

Event Information

Key info

Date: Saturday 31 August

Location: Broadgate Tower, London

Height: 541ft

Registration fee: £35

Minimum sponsorship: £300



Event overview

This year Team Autism will be heading to Broadgate Tower in City of London in September for by far our highest ever abseiling event! In May 2018, over 50 supporter's abseiled down 262 feet from the ArcelorMittal Orbit structure in the Olympic Park and this year, supporters will be abseiling down 541 feet from the top of Broadgate Tower! The views of the world famous London skyline will be simply incredible

Basic on-the-day plan

1. Arrive at Broadgate Tower on your given time slot
2. Register at the National Autistic Society marquee
3. Short abseil briefing with Mile End (abseil instructors)
4. Head up to the top of Broadgate tower via a lift
5. Abseil down 541ft whilst taking in the spectacular London skyline!

Participant restrictions/information

- Age 16+ - Participants aged 16 or 17 must be accompanied by an adult
- There is no weight or height limit
- Friends and family of participants cannot travel to the roof to view the abseil, waiting at the bottom to watch instead
- Official photos will be available to buy upon completing your abseil
- Comfortable clothes are advised but not essential, fancy dress is allowed
- A medical questionnaire will need to be completed per participant

Timing slots

- Up to 3 people can abseil at any one time
- There will be 30 minute time slots. The first being at 1pm and then every 30 minutes up until 6pm.
- These slots will be allocated on a first come first serve basis and can be secured via email or telephone request upon completing registration including payment, contact details below.

Things to remember

- Be sure to arrive with plenty of time to spare for your time slot. If you arrive late, we cannot guarantee your participation in the event
- Plan for all weather conditions. British weather can be unpredictable at the best of times so please keep an eye on the forecast for the day and plan accordingly. Layers are advised.
- The National Autistic Society will not be providing food or drink at the event so please do bring your own if required. There are also plenty of nearby shops and café's should you wish to purchase anything.
- Have a great time! This is an exclusive event, unavailable to the public at any other point throughout the year and the views are simply spectacular.

Contact us

If you have any questions regarding this exciting event, please do feel free to get in touch:

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