

Frequently asked questions – Jungle Run 2019

- 1. What happens if I enter after 31 July?**
You can register for the event at any time up until 30 August, but just note you will have less time to complete your chosen distance and less time to promote your fundraising the later you sign up.
- 2. How much do I have to fundraise?**
The minimum fundraising amount is £30 per person.
- 3. When do I need to complete my fundraising?**
All sponsorship monies must be sent to the National Autistic Society within 2 weeks of completion of the event end date, so by 14 September.
- 4. How do I fundraise?**
[Set up your JustGiving page here](#). This way we can keep track of your fundraising and celebrate with you when you reach (and smash) your target!
- 5. Can I have a joint fundraising page with friends/family?**
If you are fundraising as part of a group, we recommend using one online fundraising page with a collective total from all your minimum fundraising amounts.
For example, if you are part of a team of five your collective minimum fundraising amount would be £150.
- 6. Why is there a minimum fundraising amount?**
Like any event, it costs money to organise. Unfortunately, your registration fee doesn't cover all the costs of organising the virtual event and posting out medals, so we ask for a minimum fundraising amount to ensure these costs are covered with as much money as possible still going towards the National Autistic Society. The more you raise over your minimum fundraising target the bigger the **difference you're making!**
- 7. What happens if I don't raise the minimum fundraising amount?**
It is important that everyone reaches the minimum fundraising amount £30 per person to ensure the National Autistic Society doesn't lose money from your participation, and the majority of what you raise helps support autistic people and their families. If you do not reach your minimum fundraising amount you will not receive a medal, but you are welcome to donate the remaining funds yourself before the deadline on 14 September.
You will also not be able to partake in any future National Autistic Society challenge events until your previous fundraising total has been met.
- 8. Will the National Autistic Society help me with my fundraising?**
Of course, this is what we're here for! Once you've registered you should receive a welcome e-pack (please check your junk/spam inbox) full of helpful information and downloadable fundraising materials and guides. You'll also receive regular emails with fundraising ideas, and we encourage you to join our Team Autism Facebook Group to meet other 'Jungle Runners' who you can share and learn ideas from.

You can also contact our Supporter Care Team anytime on 0808 800 1050 to order fundraising materials (such as buckets and t-shirts) and they have a 'worried about fundraising' leaflet to help provide reassurance and information.

9. [Where can I take part?](#)

You can walk, jog or run anywhere in the UK. Just be sure that if you are running on private property you must have the owner's permission.

10. [How do I track my run?](#)

You can use any running app on your phone, or a Garmin watch, Fitbit or other device to track your distance over the month. However, we recommend keeping us updated in our [Team Autism Facebook group](#) and [Strava running group](#) so we can be your virtual cheerleaders and watch your progress!

11. [How do I get a medal?](#)

If you have raised £30 or more by 14 September, a medal will be sent to the address given when you registered.

12. [When will I get my medal and certificate?](#)

Medals and certificates will be posted out after all sponsorship monies have been received by 14 September. We estimate you should receive your medal and certificate by October, but if there are any delays you will be informed.