Autism: a Sibling’s perspective

by Alex Gregory

Hosted by NAS Helen Allison School

Formerly an Assistant Psychologist at the Helen Allison School, Alex Gregory is now a Trainee Educational Psychologist on the University of Southampton’s doctorate course, where she is writing her thesis on the school experiences of siblings of children with autism. She is also a sibling to someone on the autism spectrum, her “big little sister” Chrissy. Alex will be talking about her personal experience as a sibling.

The talk is aimed at siblings, parents and professionals, siblings are encouraged to attend as there will be a separate siblings workshop as a part of the evening.

NAS Helen Allison School
Longfield Road, Meopham, DA13 0EW

Thursday 25th January 2018  7-9pm

The session will include:
• A talk about Alex’s experiences as a sibling, including positives and challenges.
• Current research overview.
• Workshop for families on how to support siblings.
• Workshop for siblings.

In addition to many years experience as a sibling to her sister Chrissy, who has autism, a chromosome abnormality, learning disabilities, epilepsy and behaviour that challenges. Alex has previously worked as an Assistant Educational Psychologist for a National Autistic Society school, and as Applied Behaviour Analysis Tutor and SEN Teacher for Ambitious About Autism’s school. She was also nominated for the ‘Sibling Award’ category for the Contact a Family 2017 awards. She has also attended the ‘sibling group leader training’ course run by the Sibs Charity.

To cover the cost of the speaker we would like to suggest a donation of £5 per adult

Free parking is available on-site
On-street parking is also available should it be required

Please book your places in advance by emailing Tim Cook:
Feel free to contact Tim for any other enquiries relating to this or future events

tim.cook@nas.org.uk  07 9907 42081

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Helen Allison School  Community Outreach Programme
www.helenallisonschool.org.uk

The National Autistic Society
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