Functional analysis questionnaire –

questions to establish the function of a behaviour

(Adapted from Willis & LaVigna, 1993)

1. *What happens* during a behavioural incident (ie, what does the behaviour look like)?

2. *How often* does the behaviour occur (ie, several times per day, daily, weekly)?

3. *How long* does the behaviour last?

4. *How severe* is the behaviour?

5. *What time of day* is the behaviour most likely to occur?

6. In what environment or *where* is the behaviour most likely to occur?

7. *With whom* is the behaviour most likely to occur?

8. *What activity* is most likely to produce the behaviour?

9. Are there *any other events or situations* that can trigger the behaviour (such as particular demands, delays or transitions between activities)?

10. *What is gained* by engaging in the behaviour (ie, what is the consequence or outcome for the individual)?
11. *What is avoided* by engaging in the behaviour?

12. Is the person experiencing any *medical issues* that may be affecting their behaviour (such as toothache, earache, sinus infections, colds, flu, allergies, rashes, seizures)?

13. Is the person experiencing difficulty with *sleeping or eating*?

14. *How predictable* is the person’s daily routine (ie, to what extent does the person know what is happening throughout the day and when)?

15. Have there been any recent *changes to routine*?

16. How does the individual communicate the following:
   - Yes/no/stop
   - Indicate physical pain
   - Request help
   - Request attention
   - Request preferred food/objects/activities
   - Request a break.

17. What objects, activities or events does the individual enjoy?

18. What skills or behaviours does the individual have that may be alternative ways of achieving the same *function* as the behaviour of concern?