

AUTISM WORKSHEET

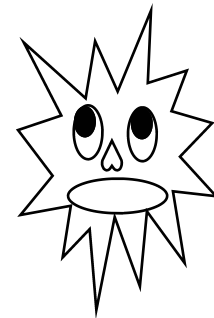
For Primary Schools



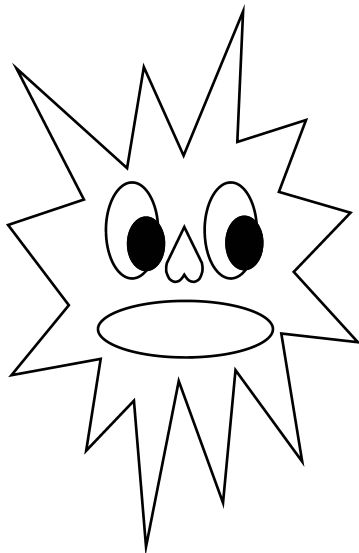
The National
Autistic Society

Name:

Hello, my name is Ziggy. I am here to tell you about your new classmate who has something called autism. Write their name below.



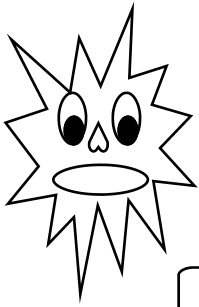
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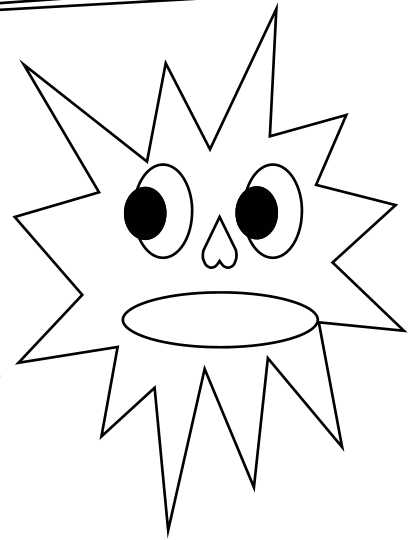
We are all good at some things but not so good at others. In the boxes below, write or draw some things you are good at. In the other box, write or draw things you find difficult.

I am good at:	I am not so good at:

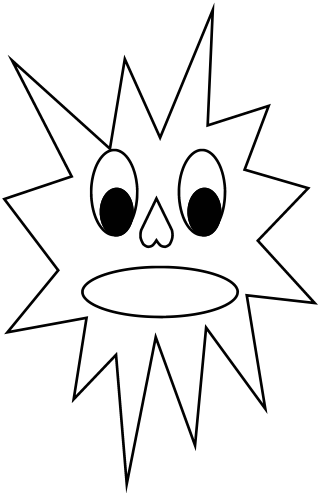
If a person uses a wheelchair, you know they have difficulty walking. If someone is blind, you know they cannot see. These people have disabilities. Autism is a special kind of disability.



People with autism find it hard to know what to talk about or what to do when they are with people. They can find it hard to play games or pretend.

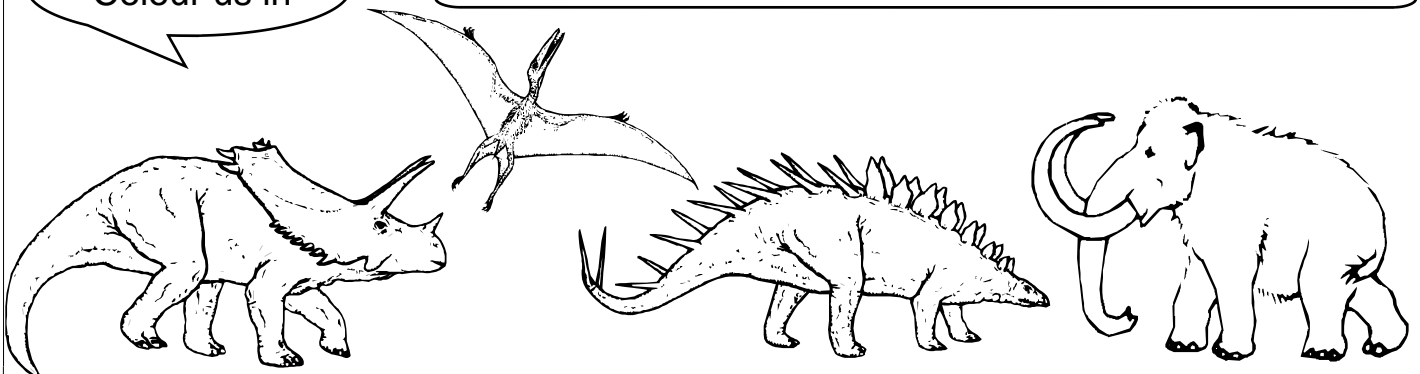


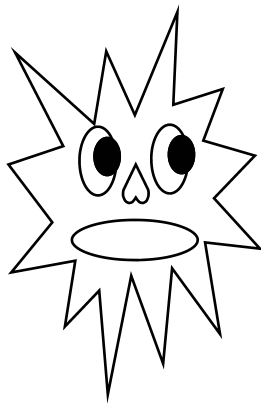
You may find your new classmate does not talk in the same way as you. They may say very little or repeat what you say. They do not mean to be rude or tease you.



They may talk over and over about the same thing, like dinosaurs. Try telling them they can only talk about this thing they are really interested in at certain times, such as playtime. You may need to keep reminding them of this rule.

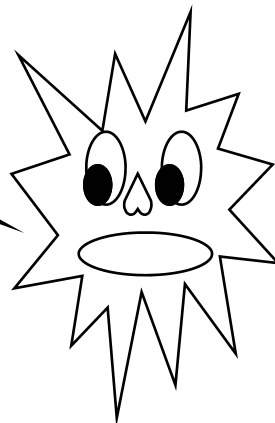
Colour us in





Sometimes you might find it is difficult to tell when someone is joking with you or teasing you. People with autism find this extra hard and you might have to tell them 'That was a joke' or 'I was only joking'.

Can you tell what the following faces are trying to express? Write your answers on the dotted lines. I have done the first one for you.



I'm happy



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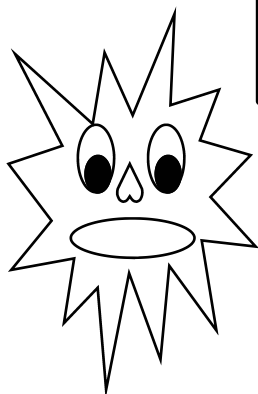


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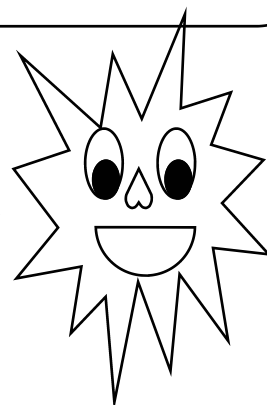


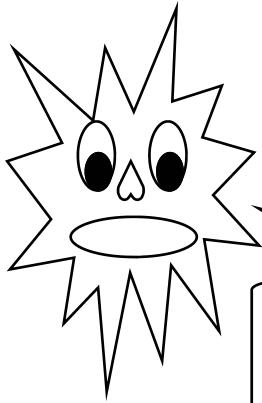
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People with autism find understanding faces very difficult. Sometimes when you smile at someone with autism, they might not smile back. This does not mean they are being rude or don't want to be friendly. They just find it difficult to understand that you want to be their friend and you might need to tell them that.



I am your friend

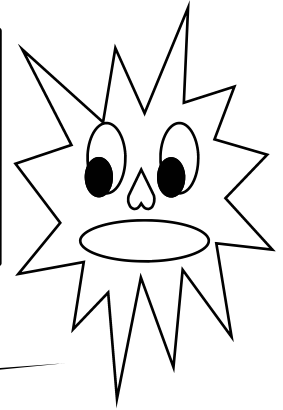




When you were very small, you had to learn to be polite like saying “please” and “thank you“. You also had to learn not to point at someone and say “You are really fat”.

Rules like these are really difficult to learn if you have autism. If someone with autism says something like that, they don’t mean to be rude. It’s not telling tales if you ask your teacher to explain to them that what they are saying is rude and why they shouldn’t say it.

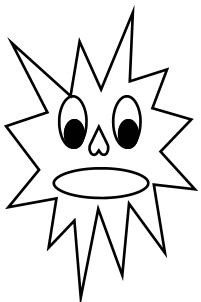
All children sometimes behave in ways that seem naughty. It is really hard to understand but children with autism don’t know when they are being naughty. Your teacher may have to explain to them something is wrong.



Children with autism also find it difficult to play your games. If you are playing a game with your friends, someone with autism might find it more fun to sit or play by themselves. You or your teacher may have to keep showing them how to play your games and how much fun it can be. It may help if you explain the rules every time you play.

Please talk to your teacher if there is anything you don’t understand in this worksheet. I hope you will enjoy making friends with your new classmate. Goodbye for now.

Ziggy



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